

# Popolo

OSTERIA & BAR

PIAZZA DEL POPOLO, "PEOPLE'S PLACE", IS A RELEVANT SQUARE IN CENTRUM OF ROME. IN THE SAME WAY POPOLO IS A MEETING PLACE AND A PLACE WHERE ITALIAN FOOD AND DRINKS ARE PREPARED AND SOLD AT SMALL AND BIG EVENTS. FRESH PRODUCED FOOD AND PASSION FOR THE ITALIAN KITCHEN IS OUR DRIVING FORCE. WELCOME ABOARD ON OUR ITALIAN TRAVEL.

**BUON APPETITO!**

## POPOLO CONSIGLIA

### THE FULL ITALIAN DINNER EXPERIENCE

#### ANTIPASTI

##### ANTIPASTI MISTI

A SELECTION OF HAND-CUT ITALIAN SALAMIS, CURED MEAT, ACCOMPANIED BY SELECTION OF CHEESES OLIVES AND JAM.

CONTAINS:  
M, SU

#### SECONDI

##### PIZZA (CHOOSE 3 TYPES)

MARGHERITA  
PROSCIUTTO COTTO  
PROSCIUTTO CRUDO  
SALAMI PICCANTE  
QUATTRO STAGIONI  
VERDURE  
MARINARA

CONTAINS:  
G(WHEAT), M,  
SU

#### DOLCE

##### TIRAMISÙ

THE ITALIAN CLASSIC WITH MASCARPONE CREAM, ESPRESSO MARINATED LADYFINGERS SERVED WITH GRATED CHOCOLATE

CONTAINS:  
M, EGG, G  
(WHEAT)

#### SHARING MENU

**395,- PER PERSON**  
(MINIMUM 4 PERS TO ORDER)

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## ANTIPASTI

**ANTIPASTI MISTI**

A SELECTION OF HAND-CUT ITALIAN SALAMIS, CURED MEAT, ACCOMPANIED BY SELECTION OF CHEESES OLIVES AND JAM.

CONTAINS:  
M, SU

189,-

**POLPETTE ALLA SICILIANA**

SAUCY BEEF AND RICOTTA MEATBALLS SERVED IN MARINARA SAUCE.

CONTAINS:  
G(WHEAT), M,  
EGG

145,-

**FRITTO MISTO ALLE VERDURE**

PLATTER OF CRISPY FRIED VEGETABLES SERVED WITH GARLIC AIOLI AND LEMON WEDGE

CONTAINS:  
SU

135,-

**INSALATA MISTA**

MIXED SALAD , RED ONION, ROASTED FENNEL, ORANGE, MUSTARD DRESSING AND PUMPKIN SEEDS

CONTAINS:  
SU

129,-

## PRIMI

**PASTA CARBONARA**

COOKED PASTA TOSSED WITH PECORINO CHEESE, EGG AND FRIED GUANCIALE

CONTAINS:  
G(WHEAT),  
M, EGG

179,-

**STROZZAPRETI CON GAMBERI ROSSI E ASPARAGI**

FRESH PASTA COOKED WITH RED KING PRAWNS TOSSED WITH GARLIC, ASPARAGUS AND CHERRY TOMATOES

CONTAINS:  
G(WHEAT),  
SU, S

190,-

**PASTA AL PESTO DI PISTACCHIO E SALMONE**

FRESH SQUID INK LINGUINE PASTA COOKED WITH PISTACHIO PESTO AND SERVED WITH SMOKED SALMON AND POMEGRANET

CONTAINS:  
G (WHEAT),  
M, F, N  
(PISTACHIO)

189,-

**PANZEROTTI CON FUNGHI PORCINI**

FRESH RAVIOLI PASTA FILLED WITH PORCINI MUSHROOMS SERVED WITH SAGE BUTTER SAUCE AND ROASTED WALNUTS

CONTAINS:  
G(WHEAT),  
M, N  
(WALNUTS)

180,-

**GARGANELLI POLLO E CREMA AI FUNGHI**

FRESH GARGANELLI PASTA COOKED WITH CHICKEN AND TOSSED IN CREAMY MUSHROOM SAUCE

G(WHEAT)  
M, SU, EGG

175,-

## SECONDI

**PESCATO DEL GIORNO**

FISH OF THE DAY SERVED WITH CUCUMBER, BLACK OLIVE SALAD AND GRILLED VEGETABLES

CONTAINS:  
F, M

265,-

**BISTECCA DI MANZO**

VEAL ENTRECOTE SERVED WITH GRILLED VEGETABLES AND POTATO WEDGES

CONTAINS:  
M

289,-

**HAMBURGER**

HAMBURGER WITH PANCETTA TOMATO MARMELADE, FONTINA CHEESE AND ROKET SALAD. SERVED WITH POTATO WEDGES

CONTAINS:  
G(WHEAT),  
EGG, M

235,-

MAY CONTAIN TRACES OF GLUTEN

E= Egg, G=Gluten, Su=Sulfites, M=Milk, F=Fish, SE=Celleri, N=Nuts, S=Shellfish, B=Mollusc

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### PIZZA

#### MARGHERITA

TOMATO SAUCE,  
MOZZARELLA, PARMESAN  
AND BASIL

CONTAINS:  
SU, M,  
G(WHEAT)

149,-

#### PROSCIUTTO COTTO

TOMATO SAUCE, MOZZARELLA,  
ITALIAN COOKED HAM, FRESH  
MUSHROOM AND BASIL

CONTAINS:  
M, G  
(WHEAT)

179,-

#### PROSCIUTTO CRUDO

TOMATO SOUCE, MOZZARELLA,  
PARMA HAM, ROCKET SALAD  
AND PARMESAN

CONTAINS:  
SU, M,  
G(WHEAT)

189,-

#### CALZONE CAPO DI MONTE

MOZZARELLA, MASCARPONE,  
TALEGGIO, PASTE OF  
MUSHROOMS & TRUFFLES,  
ROCKET, SPECK & PARMESAN

CONTAINS:  
N, M, SU  
G(WHEAT)

195,-

#### SALAMI PICCANTE

TOMATO SAUCE, MOZZARELLA,  
SALAMI FROM CALABRIA,  
GORGONZOLA PICCANTE,  
FENNEL, RED ONION

CONTAINS:  
SU, M,  
G(WHEAT)

189,-

#### CALZONE

TOMATO SAUCE, MOZZARELLA,  
MASCARPONE, ITALIAN COOKED  
HAM, MUSHROOMS, PARMESAN,  
ROCKET SALAD

CONTAINS:  
SU, M,  
G(WHEAT)

179,-

#### QUATTRO STAGIONI

MOZZARELLA, TOMATO SAUCE,  
MUSHROOMS, ARTICHOKE,  
OLIVES AND HAM

CONTAINS:  
SU, M,  
G(WHEAT)

189,-

#### MARINARA

TOMATO SAUCE, EXTRA VIRGIN  
OLIVE OIL , GARLIC ,OREGANO,  
BLACK OLIVE, BASIL

CONTAINS:  
G(WHEAT)

150,-

#### VERDURE

MOZZARELLA, EGGPLANT,  
PUMPKIN, SWEETPOTATO

CONTAINS:  
M, G(WHEAT),

169,-

**(All pizzas can be ordered gluten free  
except Calzone)**

**PIZZA 'S BEST FRIEND IS CALLED  
OLIVE OIL.**

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## OSTERIA & BAR

### DOLCE

#### TIRAMISÚ

THE ITALIAN CLASSIC WITH MASCARPONE CREAM, ESPRESSO MARINATED LADYFINGERS SERVED WITH GRATED CHOCOLATE

CONTAINS:  
M, EGG,  
G(WHEAT)

105,-

#### CHEESECAKE

HOMEMADE CHEESECAKE

CONTAINS:  
M, N  
(PISTACHIO),  
G(WHEAT)

105,-

#### TORTA DI POLENTA E

#### ARANCIA

HOMEMADE POLENTA AND ORANGE CAKE

CONTAINS:  
EGG, N  
(ALMONDS)

105,-

"ITALIANS DO IT BEST"

QUOTE MADONNA ABOUT  
TIRAMISU

#### CAFFÉ & TEA

ESPRESSO		35,-
CAFFÉ LATTE	M	45,-
CAFFÉ MOCCA	M	45,-
CAPPUCINO	M	45,-
AMERICANO		39,-
TEA		33,-

CONTAINS:

#### DIGESTIVI

GAJA GRAPPA DI BARBARESCO	SU	139,-
FERNET BRANCA		92,-
BORGHETTI SAMBUCA ORO	G(WHEAT)	90,-
LIMONCELLO	SU	82,-
DISARONNO AMARETTO	SU,N (ALMONDS)	84,-

CONTAINS:

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### BEVANDE

#### SENZA ALCOHOL

COCA COLA, COKE ZERO,	<b>0,33L</b>	48,-
HARDANGER APPLE PRESS	<b>0,35L</b>	88,-
	<b>0,75L</b>	149,-
SAN PELLEGRINO ARANCIATA ROSSA	<b>0,2L</b>	55,-
SAN PELLEGRINO	<b>0,25L</b>	48,-
	<b>0,5L</b>	70,-
MUNKHOLM NON ALKOHOL BEER	<b>0,33L</b>	55,-

#### BIRRA ALLA SPINA

CARLSBERG	CONTAINS: G (barley)	<b>0,4L</b>	88,-
		<b>0,6L</b>	112,-
BROOKLYN LAGER	G (barley)	<b>0,33L</b>	88,-
KRONENBOURG 1664 BLANC	G (wheat)	<b>0,50L</b>	120,-

#### BIRRA IN BOTTIGLIA

BIRRA MORETTI	CONTAINS: G (barley)	<b>0,33L</b>	99,-
RIGNES LITE	GLUTENFRI	<b>0,3L</b>	92,-
CORONA		<b>0,35L</b>	104,-
GUINNES STOUT	G (barley)	<b>0,44L</b>	112,-

#### LOCAL BIRRA

7-FJELL FLØYEN IPA	CONTAINS: G (barley)	<b>0,33L</b>	120,-
7-FJELL SMÅTØS AMERICAN BLONDE	G (barley)	<b>0,33L</b>	112,-
7-FJELL ULRIKEN DOBBEL IPA	G (barley)	<b>0,33L</b>	120,-
7-FJELL KJUAGUTT AMBER ALE	G (barley)	<b>0,33L</b>	112,-
7-FJELL KNIKSEN RED INDIAN ALE	G (barley)	<b>0,33L</b>	120,-
7-FJELL MON PLAISIR	G (barley)	<b>0,33L</b>	112,-

#### CIDER & ALKOPOP

ROSCOE GINGER BEER	CONTAINS: G (wheat)	<b>0,33L</b>	88,-
SOMMERSBY DOUBLE PRESS APPLE	G (barley), SU	<b>0,33L</b>	96,-

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